

Women's Faculty Council General Meeting—Minutes

April 1, 2020 @ 2:30, Virtual Event (Zoom)

Attending:

Officers

Kim Loeffert, Chair
Tracy Quan, Vice Chair
Madison Chartier, Secretary
Erin Dyke, Treasurer
Steph Link, Immediate Past Chair

Members:

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|------------------------------|-------------------------|
| <i>Diana Romano</i> | <i>Rachel Hartnett</i> |
| <i>Holly Luetkenhaus</i> | <i>Rob Agnew</i> |
| <i>Kay Bjornen</i> | <i>Shane Lyon</i> |
| <i>Chrissy S. Kyles</i> | <i>Stephanie Miller</i> |
| <i>Diana Hildebrand</i> | <i>Susanne Badiyan</i> |
| <i>Eric Rebek</i> | <i>Udaya DeSilva</i> |
| <i>Isabel Alvarez-Sancho</i> | <i>Laura Southard</i> |
| <i>Jose Uscanga</i> | <i>Tim Bowser</i> |
| <i>Lauren Cline</i> | <i>Sarah Milligan</i> |
| <i>Megan Macken</i> | <i>Jorge Atilas</i> |
| <i>Natasa Kaurin-Karaca</i> | |
| <i>Pamela Lovern</i> | |

Regrets: **Awilda Rodriguez Carrion**, Faculty Council Liaison

Guest Speaker: **Dr. Janice Hermann**

Agenda:

1. Announcements
2. Guest Speaker

Announcements

- WFC Student Research Awards

- o The WFC has received all applications and reviews for the 2020 Student Research Awards.
- o Thanks is extended to all faculty reviewers and to Sarah Milligan for heading and organizing this effort.
- o The WFC hopes to award around \$18,000. Students will be notified in the near future.
- WFC Student Research Awards Ceremony
 - o At the end of April, the WFC has traditionally hosted an end-of-the-year awards ceremony, where students can share their research.
 - o We're currently exploring alternatives (e.g., allowing students to videotape one-minute blurbs or create infographics to share online), given the circumstances.
- Upcoming Event
 - o The WFC is co-hosting a panel with the Employee Queers and Allies League (EQuAL) on LGBTQ+ research.
 - o The event will take place next Wednesday, April 8th, 2:30-3:30 via Zoom.

Guest Speaker: *Dr. Janice Hermann*

- Dr. Hermann conducted a study to assess the food security status of OSU students. The study also assessed factors related to the food security status of OSU students and the attitudes of students toward using such resources as food pantries.
- Food security concerns an individual's ability to access and purchase food, select food according to dietary needs, prepare food, and plan for menus and grocery shopping.
- Survey results showed significant rates of food insecurity among African American students, young unmarried students, and students earning less than \$12,000 annual income.
- Additional influential factors included the ability to afford gas, car insurance, and working utilities; and the availability of space and equipment to store, prepare, and cook food.
- Students admitted to experiencing difficulty concentrating academically due to hunger and lack of food.
- Food insecurity had consequential impacts on dietary behaviors.

- o Food insecure students seldom eat meals consistently. They often skip meals and may not be able to prepare healthy meal options.
- o Student responses to compensate for food insecurity: eat smaller meals, skip meals, sometimes ask for food from family/friends, choose between eating and paying rent/utilities, choose between eating and buying medicine, sometimes sell/pawn items or blood and plasma
- Many food insecure students have only a few friends or family to turn to for help with food.
- Students experiencing food insecurity reported decrease in food intake and weight over a three-month period.
- Body Mass Indexes for food insecure students tended to reveal higher percentages of being underweight or obese (as cheaper foods tend to have lower health quality).
- Food insecurity can impact emotional health, as students reported higher percentages of anxiety, depression, and fatigue.
- Students expressed some embarrassment having to go to a food pantry for support. Concern was expressed people might judge them for doing so.
- Food insecure students also demonstrated lacking awareness of resources and places like *Our Daily Bread*.
- There are hopes to see the study expand to include international and out-of-state students in the assessment.
- As a result of the study, OSU created a Basic Needs Resource Center website that details food resources for students needing help. Pete's Eats was also initiated to help distribute leftovers from conferences and meetings among students requesting assistance.
- OSU is continuing to seek ways to help develop support for students experiencing food insecurity. They had a Basic Needs Summit back on Feb. 26th.